



Diamond Mountain University
Soaring to the Top of the Sky
Part II

Name:
Date:
Location:
Track:
Grade:

Quiz Eight: Seeking Shelter

1) What is the central idea that makes one a Buddhist? Define this idea. (Tibetan track: give the definition in Tibetan)

2) What two things are needed to take refuge? What is the difference between “exceptional refuge” and “ordinary refuge”?

3) What does it mean to avoid close associations with non Buddhists? What is it that you really have to give up? (Tibetan track give the Tibetan for this commitment.)