

4) Discuss the symbolism of the lower robe. How is it put on, and why?

5) How does the sitting cloth represent the intention to do no harm?

Meditation Assignment: 15 minutes a day: Think of how appearance influences the way you remember your goals and commitments. How might you change your appearance as a reminder of these?.



Diamond Mountain University
Soaring to the Top of the Sky
Part II

Name:
Date:
Location:
Track:
Grade:

Homework Five: Taking on the Appearance

1) List 10 (out of the 42) obstacles to ordination. Why might it be important to have your parent's permission to ordain?

2) Although there is some debate about it, there are three parts to what is formally considered the "robes", name these three, along with the sitting cloth which all Buddhist monks and nuns carry. (Tibetan track name all four in Tibetan)

3) What part of the Tibetan robes was designed by Je Tsongkapa? Discuss the symbolism of this piece. (Tibetan Track, name in Tibetan)