

3) What would be wrong motivations for taking these vows as described by Je Tsongkapa in *his Epistle on Ethics*?

4) What are the “three extraordinary trainings”? (Tibetan track: name in Tibetan)

5) Using Je Tsongkapa’s *Epistle on Ethics*, explain the role of the extraordinary training of an ethical way of life in the development of the other two extraordinary trainings.

Meditation Assignment: 15 minutes a day: Recall a time when you acted in an unethical way towards someone else. Note the impact this memory has on your mind. Meditate on the importance of ethical living in the development of concentration.



Diamond Mountain University
Soaring to the Top of the Sky
Part II

Name:
Date:
Location:
Track:
Grade:

Homework Four: Painting a Picture of Paradise

1) What are the two reasons given which explain why the teachings on Vinaya are Lord Buddha's highest teachings? (Tibetan track: state these in Tibetan.)

2) According to Je Tsongkapa in his *Essence on the Ocean of Discipline*, what is the proper motivation for taking ordination or any individual freedom vows? Use the story of Patacara to illustrate how one might develop this motivation. What is the essence of this life untouched by spiritual practice? (Tibetan track: give the Tibetan for the proper motivation.)