

Diamond Mountain University
Soaring to the Top of the Sky

Name:
Date:
Location:
Track:
Grade:

Homework Class 5: Planting the Seeds for the Highest Achievements

1. What is the 7th Vow for a novice monk or nun? (Tibetan Track: Name the vow in Tibetan)

2. What are the five terms which describe what it means to be “human”? What are the additional two, which are included here? (Tibetan Track: Give the Tibetan for the “five terms” and for each of the additional two.)

a)

b)

c)

d)

e)

f)

g)

3. What is it that you lie about? (Tibetan track: give the Tibetan, for the lie, and for spiritual qualities)

4. Describe the state of mind which accompanies the lie (both recognition and intention). (Tibetan track: Give the Tibetan for “framing the opposite thought.)

5. What five qualities must be present when you undertake this lie? (Tibetan track: Name the qualities in Tibetan.)

a)

b)

c)

d)

e)

6. What is necessary to achieve completion?

Meditation: Fifteen minutes per day, think about why it is harmful to tell this kind of lie, both for yourself and others.